

MENU

Lunch

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NOVEMBER
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3 Chicken Nuggets ^{WG} with Potato Wedges	4 Orange Chicken ^{DF} and Vegetable Fried Rice	5 Pulled Pork Sandwich on a Truckee Sourdough Bun ^{LS, WG} & Bean Salad	6 Richards Regenerative Burger ^{LS} on a Truckee Sourdough Bun ^{LS, WG} & BBQ Beans	7 Bean & Cheese Nachos
10 NO SCHOOL	11 NO SCHOOL	12 Penne Pasta with Beef & Marinara Sauce	13 Breaded Chicken Sandwich ^{WG} on a Truckee Sourdough Bun ^{LS, WG} with Wedge Potatoes	14 Pepperoni or Cheese Pizza ^{WG}
17 Chicken Nuggets ^{WG} with Potato Wedges	18 Orange Chicken ^{DF} and Vegetable Fried Rice	19 Pulled Pork Sandwich on a Truckee Sourdough Bun ^{LS, WG} & Bean Salad	20 Richards Regenerative Burger ^{LS} on a Truckee Sourdough Bun ^{LS, WG} & BBQ Beans	21 Bean & Cheese Nachos
24 Richards Regenerative Hot Dog ^{LS, DF} on a Truckee Sourdough bun ^{LS, WG} & Wedge Poatoes	25 Beef Soft Tacos	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL

All meals served
with Clover
Sonoma RBST-free
1% or fat free milk.

Menu may vary
based on
availability.

Community Roots Vision: Nourishing
Nevada County students with fresh, locally
sourced meals, fostering health,
sustainability, and community well-being.

www.communityrootsnc.org

Salad Bar is available everyday with:

- Romaine lettuce
- Cherry tomatoes
- Cucumbers
- Baby carrots
- Broccoli
- Celery
- Fruit
- ...and more!

DF = Dairy Free
LS = Locally Sourced
WG = Whole Grain

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