

MENU

Breakfast

////////////////////
NOVEMBER
////////////////////

3 Truckee Sourdough Bagel ^{LS,V,WG} w/ cream cheese	4 French Toast ^{WG} and Sausage	5 Blueberry Sheet Pan Pancakes ^{SC,V,WG}	6 Sausage, Egg, and Cheese sandwich on a Truckee Sourdough English muffin ^{WG}	7 Yogurt Parfait
10 NO SCHOOL	11 NO SCHOOL	12 Blueberry Sheet Pan Pancakes ^{SC,V,WG}	13 Sausage, Egg, and Cheese sandwich on a Truckee Sourdough English muffin ^{WG}	14 Yogurt Parfait
17 Truckee Sourdough Bagel ^{LS,V,WG} w/ cream cheese	18 French Toast ^{WG} and Sausage	19 Blueberry Sheet Pan Pancakes ^{SC,V,WG}	20 Sausage, Egg, and Cheese sandwich on a Truckee Sourdough English muffin ^{WG}	21 Yogurt Parfait
24 Truckee Sourdough Bagel ^{LS,V,WG} w/ cream cheese	25 Scrambled Eggs with Potatoes and Cheese	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL

DF = Dairy Free
LS = Locally Sourced
SC = Scratch-Cooked
V = Vegetarian
WG = Whole Grain

Community Roots Vision: Nourishing Nevada County students with fresh, locally sourced meals, fostering health, sustainability, and community well-being.

www.communityrootsnc.org

All meals served with Clover Sonoma RBST-free 1% or fat free milk^{LS} and fresh fruit.

Cereal^{WG} is offered as an alternative daily.

Menu may vary based on availability.

Follow us!
[Instagram](#)
[Facebook](#)
[LinkedIn](#)

